# FINAL PORTFOLIO PROJECT (Deadline: May 27& June 4)

Note: all submissions need to follow Professional writing standards (MLA).

- Documents use a 1"or 1.25" margin
- Documents use a header with the author's name, title of the document, and page numbers
- Documents use only fonts Times New Roman or Arial with a size of 12 points.
- Documents use only double spacing
- Documents are free of spelling and grammatical errors
- Include a reference page to source all your work in MLA format (see the Owl site for help) https://owl.purdue.edu/owl/research and citation/mla style/mla style introduction.html

## In 2 parts.

## Part 1 is a Professional Portfolio and Part 2 is a Pitch & showcase presentation

## Part 1 – Professional Portfolio (Due date is May 27)

#### Your Portfolio must:

- Be professional in appearance you could take this to an interview in the future
- Be in a document holder of some type (and include an electronic copy USB or CD/DVD)
- Have a title page with your name on it, the course and anything else that makes this unique to you. This can be on the cover or inside.
- Have a table of contents (see example below)
- Be organized in a clear, sensible manner (see below) and contain all criteria listed below
- (Bonus) it is housed on your own personal webpage (noted on your resume/cover/portfolio)

## Criteria for your Portfolio:

#### 1. Table of contents

## 2. Career Summary, Introduction, or Mission Statement

To serve as an introduction to you and your Career/Educational objectives, your skills, qualifications, experience, and motivation to succeed. Summarize your philosophy on how you approach the career and Sell yourself to your next employer or educational institution. See projects page of the Co-Op weebly:

https://coop120.weebly.com/uploads/3/9/7/6/39760716/how\_to\_write\_a\_philosophy\_.docx

**3. Updated Resume** (Using the format learned in class – see further directions section below)

Ensure you have updated your objective statement, skills sections, and include your cooperative Education Experience and the skills acquired. Also, be sure you include any other new qualifications you have acquired (at Co-Op or elsewhere during the term).

## 4. Letter of Reference from your workplace supervisor

preferably on company letterhead - If employer needs there is a sample on the course weebly on the employer's page.

- **5. Letter of thanks to the supervisor**/workplace (sample on weebly). this is to be checked by me before you give it to your supervisor.
- **6. Letter to future coop students:** reflecting on your experience in the program and offer words of wisdom. **7. Self-Evaluation Questions:** A written response to each of the 7 self-evaluation questions (see below).

- **8.** Essential Skills and Work Habits: written Self-evaluation of 4 essential skills or habits (see below).
- 9. Midterm & Final Evaluations from your employer
- 10. Visitation Monitoring Report from me
- 11. All logs completed with a tally of hours.
- **12. Accomplishments section:** awards, certificates, samples of your work, pictures of you at work.
  - a. Worditout page. Go to https://worditout.com/word-cloud/create paste in words of your acquired skills and habits and print the page to include in your project here.
  - b. An electronic copy of your Portfolio including all materials an employer would like to see. (or a webpage)
- 13. Anything else you think would be beneficial for you in an interview.
- 14. A reflection piece on the course and the experience. Provide me with your reflection on
  - What went well, what could have gone better, and your suggestions for added content or different approaches to learning the required course outcomes. (1-2 pages)

# **Further directions**

## **Updated Resume**

Your resume will include newly acquired strengths and achievements. You may wish to revise the following:

- Your career objective this may have changed as a result of your cooperative education experience (*Do not simply use your coop resume write a new one*)
- Work experience include the cooperative education placement (this should appear at the top of your experience section).
- Your skills especially those that have been learned at the placement
- References with permission you could include your supervisor as well as me
- Accomplishments use strong action words to strengthen your resume
- Store your resume on a computer, USB flash drive, CD, or personal webpage (like weebly).

### **Self-evaluation Questions (from D above)**

Complete the following questions **in at least two**, but not more than **four** double spaced pages. Include the question at the top of your response to each. These are to be typed and thoroughly developed. Mechanics and sentence structure will be assessed also.

- 1. What learning took place on the job that could not have occurred at school?
- 2. Tell me about **FOUR** of your valuable learning experiences?
- 3. What was your greatest strength on the job?
- 4. What skills do you need to improve? How do you plan to accomplish this? (SMART Goals)5. What have you discovered about yourself and your future career goals that you were unaware of before this experience?
- 6. Tell me **<u>FIVE</u>** ways you have grown or changed as a result of your cooperative education experience.
- 7. As you move forward from your cooperative education experience, what memory will be foremost in your mind?

#### **Essential Skills and Work Habits Self-Evaluation (For F above)**

Choose from the list of skills below and from your employer's comments and in at least <u>two</u> double-spaced pages but not more than <u>three</u> evaluate <u>at least <u>four</u> of the work-related skills learned in your Co-op placement. Use headings to introduce the skills you are detailing. In your evaluation, be sure to use **details and examples** to highlight your points. Find more information on Essential Skills here: <a href="https://www.canada.ca/en/employment-social-development/programs/essential-skills/profiles/guide.html">https://www.canada.ca/en/employment-social-development/programs/essential-skills/profiles/guide.html</a></u>

- Working safely
- Attendance
- Expectations at work
- Readiness and preparation
- Communication skills
- Responsibility given
- Interesting and challenging work
- Relations with others/ teamwork
- Organization / efficient planning
- Handling criticism
- Strengths and weaknesses

- Dependability
- Attitude
- Initiative
- Self-Advocacy
- Working independently
- Customer service
- Changing and /or developing appropriate attitudes
- Responses to experience
- Characteristics for success in the chosen career area
- Reconsidering the direction of your career plans

(In a separate document make a bibliography of the sites you visited with your research)

## **Part 2A - The Elevator Pitch** See handout on weebly:

https://coop120.weebly.com/uploads/3/9/7/6/39760716/the\_elevator\_pitch\_handout.docx

#### Your Task:

- Research the company(ies) (or type of operation) you want to work for. List the skills and abilities they want and require in their new employees.
- Write an elevator speech that highlights the skills needed by the employer and your successful use of those skills in your Co-Op (and other) experiences. Be sure to show off your ability so that you are uniquely qualified for an entry position...be yourself, but be energetic and persuasive.
- Practice the pitch so that you could give it to a variety of people in a variety of places like an elevator, grocery line up, gas station etc.

#### What is it:

- a 30-60 second "sound bite" explaining who you are and what you do or offer (explain the value you will bring, why you are unique/uniquely qualified to do...) and the position you are seeking. Answers the question "tell me about yourself" or "why I should hire you for the job"
- Highlights your relevant valuable skills and provides example(s) of your success using those skills
- Engages the listener with an open-ended question (ie.: how does your organization train new employees?) and a call to action (I'd love to email my resume if you are interested, can I get your contact information or business card)

#### The Rubric

Criteria	Superior	Score
Enthusiastic	Hooks the listener with your enthusiasm and passion for the	
introduction	opportunity to speak about how you can be beneficial to the	
inti oduction	company.	/2
Evidence of	You clearly know the needs of the organization and have	
research	created a pitch that highlights your success with the required	
research	skills	/2
	You have selected good examples of your successful use of	
Supporting	skills needed by the employer – and how you used the skills	
Examples	to benefit another employer. You reiterated how you would	
	be uniquely beneficial to the employer.	/2
	You engaged the listener with a question and a call to action.	
Engage &	(question ex: How does your company train new employees?)	
Call to Action	(call to action ex: I'd love to email my resume; can I have	
	your business card?)	/2
Evidence of	Your delivery is smooth and well-practiced and completed	
Practice	within the 30-60 second timeframe.	/2
	Total	/10

# Part 2B - The Showcase/Interview

## **Criteria for your Showcase:**

A showcase that displays some of the work you completed at your placement – what
form this takes is up to you. This section is marked out of 30 so I am expecting it to
show a progression of skills/responsibilities learned and used by you in your placement.
You can start with the Essential Skills and habits from the three Essential Skills websites
below, and your Logs, journals, & Smart goals:

http://www.skills.edu.gov.on.ca/OSP2Web/EDU/DisplayEssentialSkills.xhtml

http://www10.hrsdc.gc.ca/es/English/search\_occupation\_name.aspx

http://www.workingincanada.gc.ca/report\_skillknowledge-

eng.do?action=search\_form#es\_skills\_search

# Proposal Due Apr 21

The format the showcase takes is up to you. This will be marked separate from your Portfolio. You are required to provide a proposal that outlines what your plans are for the Showcase 6 weeks prior to the due date (see sample below). The purpose of the showcase is to share your 4-month experience with us. This is not something you can put together quickly; it must be carefully planned, and you should be gathering materials for your Portfolio the minute you start! This showcase could be taken to interviews in the future.

See the sample PPT file which you can use as a template at the following page: <a href="http://coop120.weeblv.com/projects.html">http://coop120.weeblv.com/projects.html</a>

## **Presentation Component:**

This portfolio will be presented to the class. You are welcome to use a power point or prezi to help showcase the work you completed at your placement or you can walk us through significant parts of your portfolio. I will be asking each of you a question related to your self-evaluation responses during your presentation. Your presentation should be approximately **6-8 minutes in length**. You are highlighting the areas of your placement that were most memorable. What did you learn about the job? What did you do on the job? What skills did you acquire? There should be clear evidence of growth and sharing of experiences throughout the semester.

Include a Worditout page in your presentation showing the skills you learned. (go to <a href="https://worditout.com/word-cloud/create">https://worditout.com/word-cloud/create</a>)

If you do not have word processing or presentation software on your computer, you can log on to Office.com and use your school credentials to log on and work with the Apps located there.

## Tips to aid with your Portfolio:

Be sure to check the course Weebly (http://coop120.weebly.com/) and these sites for assistance on how to complete a portfolio.

http://www.quintcareers.com/job\_search\_portfolio.html

http://www.manifestyourpotential.com/work/take\_up\_life\_work/8\_get\_hired/how\_to\_create\_aw esome\_work\_portfolio.htm

See the weebly Project page for resources to aid in the construction of your "About Me" webpage:

https://coop120.weebly.com/uploads/3/9/7/6/39760716/resources for creating an about me webpage. docx

# Tips to aid in your research:

**List all sources** of information you used in preparing this report:

**Primary Sources** (i.e. contacts with people):

- Interviews with people who are in the job, who have held the job in the past, or someone who hires people to do the job.
- ⚠ Interview with counsellor at a Manpower (CEIC) office
- ⚠ Interview at a special resource agency or private employment office.
- Interview with a guidance counsellor at a high school, college, or University.
- Interview with an official of a relevant union or management organization.

**Secondary Sources** (i.e. use of written or A-V materials):

- Library materials (school, public, University, or resource centers).
- Newspapers or magazines
- Books, Movies, TV, radio etc.

## Tips for recording references:

- Carry a notebook with you, when you ask a co-worker some questions, jot down the answers and his name, workplace, and address, and voila you have a primary source.
- Whenever you use internet resources copy the address and paste it in your copied page, then when you create your bibliography, it is easy to cite the source of your information. For additional tips on this go to <a href="http://www.citationmachine.com/">http://www.citationmachine.com/</a> or <a href="http://bbt.nbed.nb.ca/tutorials/internet\_research/internet\_research.html">http://bbt.nbed.nb.ca/tutorials/internet\_research/internet\_research.html</a> And watch the three short videos on proper internet citations.
- At the library, make note of titles, authors, publishers/editors, date of publication and page numbers.

## **Due dates:**

Mid-Term Evaluation is due March 27

Showcase Proposal is due **April 21** (see sample above and on Weebly project page)

Career Research presentation is due April 24 (Jobbank skills research)

Final Evaluation is due May 26

Portfolio due May 27

Presentation due June 4

Portfolio and Presentation rubrics on the next 2 pages

# **Cooperative Education 120 Final Project Assessment Rubric**

**Part A: Portfolio (Due May 27 – or earlier)** 

Criteria	Superior (9-10)	Score
Career Summary	A well written one-page letter outlining your	
An introduction to you as a	qualifications and experience so far and your plans	
model employee highlighting	and goals for the future. You also sell yourself by	
your skills, abilities and career	outlining your philosophy or approach to	
goals & interests.	employment in this career area.	/10
Updated Resume	(9-10)	Score
Completed as learned with	A well written one-page resume that includes all	
new information and targeted	skills learned in Co-Op, highlights the skills in	
objective	sections relevant to the next employer. Resume	
3	includes all 6 required fields.	/10
Letters (5 each)	Superior (5)	Score
Reference Letter,	Reference letter on Company letterhead, all letters	
Thank you Letter,	are well written, are in business block format, and	
Letter To future Co-Op	contain no mistakes.	
students		/15
Self-Evaluations	Superior (9-10)	Score
All 7 Questions are answered	Questions have been thoughtfully and thoroughly	
in report format. (Typed,	answered. No grammar, spelling or format errors.	
double spaced).		/10
Skills/Habits	Superior 9-10	Score
At least 4 skills/habits have	Skills have been thoughtfully and thoroughly	
been evaluated	analyzed as to your growth. Evidence from your	
	Smart goals were used in your analysis of your	
	acquisition of skill/habit. No grammar, spelling or	/10
	acquisition of skin/habit. No grammar, spennig or	/10
	format errors.	/10
Accomplishments	_ = = = = = = = = = = = = = = = = = = =	Score
Includes awards, certificates,	format errors.	
	format errors.  Superior (5)	
Includes awards, certificates, pictures of you at work and a worditout page	format errors.  Superior (5)  Includes all required components and more. Things	
Includes awards, certificates, pictures of you at work and a worditout page  Course Reflection	format errors.  Superior (5)  Includes all required components and more. Things	Score
Includes awards, certificates, pictures of you at work and a worditout page	Superior (5)  Includes all required components and more. Things that relate to future career placement  1-2 page reflection on What went well, what could	Score
Includes awards, certificates, pictures of you at work and a worditout page  Course Reflection	Superior (5)  Includes all required components and more. Things that relate to future career placement  1-2 page reflection on What went well, what could have gone better, and your suggestions for added content	Score
Includes awards, certificates, pictures of you at work and a worditout page  Course Reflection  Your reflection on the learning	Superior (5)  Includes all required components and more. Things that relate to future career placement  1-2 page reflection on What went well, what could have gone better, and your suggestions for added content or different approaches to learning the required course	Score
Includes awards, certificates, pictures of you at work and a worditout page  Course Reflection  Your reflection on the learning and course delivery	Superior (5)  Includes all required components and more. Things that relate to future career placement  1-2 page reflection on What went well, what could have gone better, and your suggestions for added content or different approaches to learning the required course outcomes	Score /5
Includes awards, certificates, pictures of you at work and a worditout page  Course Reflection  Your reflection on the learning and course delivery  Electronic Portfolio.	Superior (5)  Includes all required components and more. Things that relate to future career placement  1-2 page reflection on What went well, what could have gone better, and your suggestions for added content or different approaches to learning the required course outcomes  Is included and well-organized containing all	Score /5
Includes awards, certificates, pictures of you at work and a worditout page  Course Reflection  Your reflection on the learning and course delivery  Electronic Portfolio. Or an "About Me" webpage	Superior (5)  Includes all required components and more. Things that relate to future career placement  1-2 page reflection on What went well, what could have gone better, and your suggestions for added content or different approaches to learning the required course outcomes  Is included and well-organized containing all documents an employer would want to see. Also	Score /5
Includes awards, certificates, pictures of you at work and a worditout page  Course Reflection  Your reflection on the learning and course delivery  Electronic Portfolio.	Superior (5)  Includes all required components and more. Things that relate to future career placement  1-2 page reflection on What went well, what could have gone better, and your suggestions for added content or different approaches to learning the required course outcomes  Is included and well-organized containing all	Score /5

Student Name:	Value:/ 70
Comments:	

# **Cooperative Education 120 Final Project Assessment Rubric**

# **Part B: Elevator Pitch and Showcase of Work Placement (Due June 4)**

Presentation		Superior (10)	Score
Elevator Pitch:		Hooks the listener with your enthusiasm, clearly	
Hook, Enthusiasm, Evidence of		shows you know the needs of the employer, well	
Research, Supporting examples,		chosen examples of your success using skills needed	
Engage & Call to action, 30-60		by employer, ended with a question & call to action and completed within 60 seconds.	/10
seconds		Î .	/10
Criteria		Superior (5)	
Content (10)		All requirements are thoroughly researched and	
Title, Noc Code, Description, Duties,		presented and is between 6 and 8 minutes in	
Pictures,		length exclusive of questions	
Worditout Slide,			
Qualifications & Steps,			/5
Criteria		Superior (5)	
Portfolio presentation:		All requirements presented and highlighted in a	
some highlights from your portf	olio.	professional manner and 1 or 2 items are	
Engaging, Easy to read,		displayed or passed around the room.	
Not too much text,		The presentation is engaging and aesthetically	
Relevant photos, Slide transitions and Backgrounds,		appealing and has Less than 20 words per slide	
		appearing and has less than 20 words per since	
Spelling/Grammar	See Ted	Talk: https://www.youtube.com/watch?v=Iwpi1Lm6dFo	/5
Confidence/ Knowledge		There has been an extreme effort on the	
Knowledge,		showcase. The format is thoughtful and unique	
Rehearsed,		and displays extensive growth during the	
No reading, good volume and		semester.	
Ease of speaking			/5
Confidence with answering		Clear Answer with evidence of thought, use of	
<b>questions</b> from the audience and the		details and an example from work experience	/~
teacher (Self-Evaluation question	ns)	N. D. W.D.	/5
Criteria for all		No Demerit Points	
Focused Attention on other		Always focused on the presentations of other	
presenters		students and asked good appropriate questions.	/-5
		Total	/30

Student Name:	Value:/ 30
Comments:	