**SMART Goals examples**

They can include where you want to go and improving your general work performance.

* *Learn X skill this month, and Y skill next month, …*
* *Read at least 1 book a month this year in my field.*
* *Increase typing speed by 10 words by the end of the month.*
* *Meet with mentor/coach/successful person I want to be like at least once a month each month this year.*
* *Attend at least two networking functions each month this year.*
* *Volunteer at least 1x a month every month this year.*
* *Become certified in X by June of this year.*
* *Blog 2X a month about topics in my field every month this year on LinkedIn/personal site.*
* *Give at least 2 speeches at work or civic groups this quarter.*